

P R E C E S

Prayers of Thanksgiving after Holy Communion From the Roman Missal (part 4 of 4)

Alia Oratio

Obscuro te, dulcissime Dómine Jesu Christe, ut pássio tua sit mihi virtus, qua múníar, prótegar atque deféndar; vúlnera tua sint mihi cibus potúsque, quibus pascar, inébrier atque delécter; aspérsio sánguínis tui sit mihi ablútio ómnium delictórum méorum: mors tua sit mihi vita indeficiens, crux tua sit mihi glória sempitérna. In his tui mihi reféctio, exsultátio, sánitas et dulcédo cordis mei: Qui vivis et regnas in sæcula sæculórum. Amen.

Another Prayer

Ibesech Thee, most sweet Lord Jesus Christ, Igrant that Thy Passion may be to me a power by which I may be strengthened, protected and defended. May Thy wounds be to me food and drink, by which I may be nourished, inebriated and overjoyed. May the sprinkling of Thy Blood be to me an ablution for all my sins. May Thy death prove to me life everlasting, and Thy cross be to me an eternal glory. In these be my refreshment, my joy, my preservation and sweetness of heart. Who livest and reignest world without end. Amen.

Oratio ad B. Mariam Virg.

O María, Virgo et Mater sanctíssima, ecce suscépi dilectíssimum Fílium tuum, quem immacuáto útero tuo concepísti, genuísti, lactásti, atque suavíssimis ampléxibus strinxísti. Ecce, cujus aspéctu lætabáris et ómnibus delíciis replebáris, illum ipsum tibi humíliter et amánter repræsénto et offero, tuis bráchiis constringéndum, tuo corde amándum, sanctíssimæque Trinitáti in suprémum latríæ cultum, pro tui ipsíus honóre et glória et pro meis totiúsque mundi necessitatibus, offeréndum. Rego ergo te, piíssima Mater, ímpetra mihi véniam ómnium peccatórum méorum, uberémque grátiam ipsi deinceps fidélius serviéndi, ac dénique grátiam finálem, ut eum tecum laudáre possim per ómnia sæcula sæculórum. Amen.

Prayer to the Blessed Virgin Mary

OMary, most holy Virgin and Mother, behold, I have received thy most beloved Son, Jesus Christ, whom thou concievedst in thy spotless womb, bore, nursed, and held with thy sweet embraces. Behold Him at whose sight thou wilt rejoice and be filled with every delight. With love I humbly return Him and offer Him to thee, to hold once more, to love with all thy heart, and to offer to the Holy Trinity as our supreme act of worship for thy honor and glory and for my good and the good of all the world. Therefore I ask thee, most loving Mother, to ask God for forgiveness of all my sins, abundant graces to help me serve Him more faithfully, and for that final grace that I may praise Him with thee for ever and ever. Amen.