

## From the Maxims of St. Louis Mariae de Montfort



**T** rue happiness on earth consists in voluntary poverty and imitation of Me.

**Y** ou must not be attached to anything created, however holy it is, whether interior or exterior, whether spiritual or corporal.

**D** o not underestimate the danger of natural friendships, whether with your relatives or friends.

**I** f, in order to carry your cross as I carried mine, you have to offend or displease them, do not be afraid of doing so.

**F** ollowing my example, you must daily carry your cross of opposition, persecution, self-denial, scorn, etc.

**D** o not be ashamed of performing an act of virtue, whatever company you may be in, and never leave undone any good act through fear of scorn or even of praise, when you believe God wants it of you.

