

P R E C E S

The Litany of Our Lady of Sorrows was composed in 1809 by His Holiness, Pope Pius VII during his captivity under Napoleon. During this holy and penitential season of Lent, let us recite this litany with devotion while meditating on the Sorrows of our Lady, imploring her aid and protection as we purify ourselves through fasting, penance, mortification, and alms-giving during this holy season when we recollect the pains and sorrows of Our Lord and His Blessed Mother.

Kýrie, eléison.
Christe, eléison.
Kýrie, eléison.

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.

Christe, audi nos.
Christe, exáudi nos.

Christ, hear us.
Christ, graciously hear us.

Pater de cælis, Deus, miserére nobis.
Fili, Redémptor mundi, Deus, miserére nobis.
Spíritus Sancte, Deus, miserére nobis.
Sancta Trínitas, unus Deus, miserére nobis.

God the Father of Heaven, have mercy on us.
God the Son, Redeemer of world, have mercy on us.
God the Holy Ghost, have mercy on us.
Holy Trinity, one God, have mercy on us.

Sancta Maria, ora pro nobis.
Sancta Dei Genetrix, (ora.)
Sancta Virgo virginum, (ora.)
Mater crucifixa, (ora.)
Mater dolorosa, (ora.)
Mater lacrimosa, (ora.)
Mater afflicta, (ora.)
Mater derelicta, (ora.)
Mater filio orbata, (ora.)
Mater gladio transverberata, (ora.)
Mater ærumnis confecta, (ora.)
Mater angustiis repleta, (ora.)
Mater crúci corde affixa, (ora.)
Mater mæstissima, (ora.)
Fons lacrymarum, (ora.)
Cumulus passionum, (ora.)
Speculum patientiæ, (ora.)
Rupes constantiæ, (ora.)
Ancora confidentiæ, (ora.)
Refugium derelictorum, (ora.)
Clipeus oppressorum, (ora.)
Debellatrix incredulorum, (ora.)
Solatium miserorum, (ora.)
Medicina languentium, (ora.)
Fortitudo debilium, (ora.)
Portus naufragantium, (ora.)
Sedatio procellarum, (ora.)
Rekursus mœrentium, (ora.)
Terror insidiantium, (ora.)
Thesaurus fidelium, (ora.)
Oculus Prophetarum, (ora.)
Baculus Apostolorum, (ora.)
Corona Martyrum, (ora.)
Lumen Confessorum, (ora.)
Margarita Virginum, (ora.)
Consolatio Viduarum, (ora.)
Lætítia Sanctorum omnium, (ora.)

Holy Mary, pray for us.
Holy Mother of God, (pray.)
Holy Virgin of virgins, (pray.)
Mother crucified, (pray.)
Mother sorrowful, (pray.)
Mother tearful, (pray.)
Mother afflicted, (pray.)
Mother forsaken, (pray.)
Mother desolate, (pray.)
Mother bereft of thy Son, (pray.)
Mother pierced with a sword, (pray.)
Mother consumed with grief, (pray.)
Mother filled with anguish, (pray.)
Mother crucified in heart, (pray.)
Mother most sad, (pray.)
Fountain of tears, (pray.)
Mass of suffering, (pray.)
Mirror of patience, (pray.)
Rock of consistency, (pray.)
Anchor of confidence, (pray.)
Refuge of the forsaken, (pray.)
Shield of the oppressed, (pray.)
Subduer of the unbelieving, (pray.)
Comfort of the wretched, (pray.)
Medicine of the sick, (pray.)
Strength of the weak, (pray.)
Harbor of the wrecked, (pray.)
Allay of tempests, (pray.)
Resource of mourners, (pray.)
Terror of the treacherous, (pray.)
Treasure of the faithful, (pray.)
Eye of the prophets, (pray.)
Staff of Apostles, (pray.)
Crown of martyrs, (pray.)
Light of confessors, (pray.)
Pearl of Virgins, (pray.)
Consolation of widows, (pray.)
Joy of all Saints, (pray.)

Agnus Dei, qui tollis peccáta mundi, parce nobis
Dómine.
Agnus Dei, qui tollis peccáta mundi, exáudi nos,
Dómine.
Agnus Dei, qui tollis peccáta mundi, miserére
nobis.

Lamb of God, who takest away the sins of the
world, spare us, O Lord.
Lamb of God, who takest away the sins of the
world, graciously hear us, O Lord.
Lamb of God, who takest away the sins of the
world, have mercy on us.

Respice super nos, libera nos, salva nos ab omnibus
angustiis in virtute Iesu Christi. Amen.

Look down upon us, deliver us from all trouble in
the power of Jesus Christ.

Orémus.

Scribe, Domina, vulnera tua in corde meo, ut in eis
legam dolorem et amorem: dolorem, ad sustinendum
per te omnem dolorem: amorem, ad contemnendum
per te omnem amorem.

Let us Pray.

Imprint, O Lady, thy wound upon my heart, that I
may read therein sorrow and love: sorrow, to en-
dure every sorrow for thee; love, to despise every
for thee.

(Credo, Salve Regina, et ter Ave Maria)

(Creed, Hail Holy Queen, and 3 Hail Mary's)